

OUR OFFERING

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ABOUT RECREAR

We are a community interested in social transformation from a place of emotional grounding, creativity, co-creation and care. We have over ten years of experience accompanying transformation processes all over the world, remotely and in person.

Vision

We envision a world in which we can each feel, understand, care for and transform ourselves and our communities in connection with others and our nature.

Mission

We bring together people with a social itch to connect, recharge, co-create knowledge and manifest new realities within ourselves, our communities and humanity.

PARTNERS



OUR WORK

Participatory Action Research:

We have trained over 500 educators, facilitators, life coaches, researchers, psychologists, non profit program managers, grassroots activists, social entrepreneurs and students in Participatory Action Research.

Collaborations:

We have worked across 18 countries with over 200 international and grassroots partners including The FRIDA Young Feminist Fund, CIVICUS, Oxfam, and Restless Development.

We research with others

We are constantly asking ourselves hard questions. We believe that to manifest new realities we must understand our current ones. We develop participatory action research methods and design collective and creative processes to understand and shape our current reality.

We Manifest

We translate our learnings to accompany the healing and transformation of organizations and movements in order to create new social realities.

We Experiment

We create human laboratories and feel-tanks to learn how to live, create, and change together.

WHY PARTNER WITH US

ARTISANRY

We work like an artisan boutique. We like to take on only the projects we can chew, and we focus on tailored design and quality.

INTERCULTURALITY

Our community is diverse and we bring together different worlds (Action Research, academia, activists, artists, healers, coaches).

COMMUNITY / ACCOMPANIMENT

Our art is to hold space and accompany collective sense making. We like the beauty and messiness that forms when people come together.

INTIMACY

We value pushing through the fear of creating intimate spaces with others. We welcome emotions so we can accompany deeply.

EXPERIMENTING

We accompany teams through learning journeys. We continuously test new ways of collaborating.

CREATIVITY

We work with art and movement techniques to hold space for self and collective discovery.

OUR SERVICES

1

TEAM RETREATS

2

**LEARNING SERIES
for SYSTEM
CHANGE**

3

**ORGANIZATIONAL
ACCOMPANIMENT**

4

**PARTICIPATORY
ACTION RESEARCH
(PAR) projects and
Training**

5

**STORYTELLING for
ADVOCACY and
MEL**

*We offer all our services in
online and in-person formats

1 WE FACILITATE TEAM RETREATS

In our team retreats (online or in-person) your team will:

- Participate in talking circles, reflective practices, and art-based activities such as painting and theatre to open the communicative space between team members;
- Share personal stories, relax, have fun, connect;
- Align strategies and prioritize

Examples of previous work:

- We accompanied online retreats for two networks of philanthropic organizations (EDGE and WINGS), exploring what's needed to transform the philanthropic sector;
- We accompanied FRIDA The Young Feminist Fund and the United Nations Girl's Education Initiative (UNGEI) in 5-day long team retreats to help dream, give space to needs and concretize their plans for the year ahead.



2 LEARNING SERIES FOR SYSTEM CHANGE

We specialize in facilitating learning and dialogues between large organizations/donors and activists/grassroots groups

We host learning series in which groups, teams and partners can:

- Practice deep collaboration
- Explore relevant questions
- Share personal experiences
- Investigate their own contexts, and organizations
- Design activities to engage their communities and networks
- Engage in collective sense-making and co-creations

Examples of previous work:

- BOND: We researched and wrote a booklet showcasing seven stories of locally-led development initiatives, crafted to inspire and guide UK institutional donors, NGOs, and philanthropic organizations towards fostering community-driven impact and empowerment.
- OXFAM NOVIB: We designed a learning series for Oxfam staff members and young activists to explore how they could strengthen collaboration. As part of the learning series we launched a Playbook with Oxfam.



Click logos to explore work

3 ORGANIZATIONAL ACCOMPANIMENT

We work with small and medium sized social change organizations to:

- Accompany dreaming and learning processes
- Tap into creativity and imagination, expanding opportunities for learning and co-creating
- Build deeper relationships based on affection

Examples of previous work:

- Strategic review for a feminist fund: We ran the strategic review for FRIDA The Young Feminist Fund organized in-person learning visits with 5 feminist collectives across different regions FRIDA support to learn about the impact of their resourcing
- Building a new global advocacy center: We supported four sexual and reproductive rights organizations to build their vision and workplan around a new center for comprehensive sexual education and youth friendly services. This included holding visioning sessions online and facilitating an in-person gathering.



4.1 PARTICIPATORY ACTION RESEARCH (PAR)

PAR is a process of doing research with others for the purpose of generating collective spaces that can spark deep inner transformation.

- We use PAR to uncover and deconstruct the deep-rooted values, attitudes and behaviors that underlie the development processes experienced by the communities we work with.
- Cooperative Inquiry is a form of action research in which all participants work together as co-researchers and as co-subjects. It's research with people rather than on people. It involves people coming together to analyze, discuss and take action on a common question or concern.

Examples of previous work:

A PAR project to learn about Economic Gender Based Violence in MENA: As part of the FemPower initiative with the The Kvinna till Kvinna Foundation and 3 regional partners, we are working with a group of local researchers in Tunisia, Lebanon, Palestine and Jordan to conduct PAR activities to learn about how young women are affected by Economic Gender Based Violence across the 4 countries.

The logo for KVINNA, featuring three horizontal bars to the left of the word "KVINNA" in a bold, sans-serif font, repeated twice.

KVINNA
KVINNA

4.2 PAR TRAINING

We offer PAR training, in which participants access:

- A new toolkit on PAR to integrate in their community projects;
- A research plan they can pursue with their communities;
- A network of civil society practitioners interested in youth and participatory forms of development in their communities and around the world;
- Access to the step-by-step guide for techniques used in the course.

What they've said about our training:

- Learning Community Consultation: We trained members of parliament, heads of the media and civil society in Sri Lanka in participatory action research (PAR). They then ran learning activities in different communities on questions related to economic inclusion. This working group has since consolidated into an association with an interest in improving inclusion in Sri Lanka's policymaking.



5 STORYTELLING FOR ADVOCACY AND MEL

To create a safe space where we can generate learnings and stories that speak of the lived realities and understandings of the groups and communities involved in the evaluation.

- We surface narratives through creative processes and deep learning conversations;
- We create impactful publications using storytelling to spark reflections and capture impact;
- We convene safe spaces where people can explore their stories

What they've said about our training:

- CIVICUS PLAYBOOK: We partnered with CIVICUS to carry out a landscape and trend analysis on resourcing youth-led groups and movement. The research ended with the creation of a Playbook that features 7 stories of young activists around the world accompanied by reflective exercises for donors and youth organizers.
- Participatory storytelling to evaluate the Women2030 programme: we conducted a participatory storytelling evaluation with women's rights groups and feminist organizations participating in the Women2030 initiative. The purpose of the evaluation was to assess the impact of the program and celebrate all the partners, organizations and communities that took part in it over five years. The stories were collected in The seeds we plant grow roots – A booklet of impact stories.



WHAT PEOPLE SAY ABOUT US

“Recrear’s team not only brought a good amount of creativity and innovation to our research work but also curated successful in-person and online workshops between young leaders, funders and other enablers. We particularly appreciated their ability to curate interactive conversations and hold safe spaces where more intimate and at times uncomfortable conversations could take place.”

 CLARA BOSCO, SENIOR ADVISOR ON CIVIL SOCIETY
RESOURCING, CIVICUS

“Recrear creative sessions have been really enriching and have brought me a lot of joy in this strange and often lonely time. The facilitators are skilful, warm and wise and the participants, spread around the globe, have been so open with each other in our time together.”

 PARTICIPANT IN OUR CREATIVE ONLINE
SESSIONS

INTERESTED IN OUR WORK? CONTACT US!

Let's schedule a conversation and explore how we could collaborate. We are happy to co-design a process based on your needs

 [@recrearinternational](https://www.instagram.com/recrearinternational)

 [@thisisrecrear](https://twitter.com/thisisrecrear)

 [recrearinternational](https://www.facebook.com/recrearinternational)

 [recrear](https://www.linkedin.com/company/recrear)

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GET IN TOUCH



RECREAR
we observe & we recreate

Are there organizations/contacts in your network that have recently talked about needing the kind of support and accompaniment we offer?

Please feel free to share our offering with them!

Acts of organizational friendship are one of the ways we sustain and grow our work ♥